



SUNDAY SEPTEMBER 15, 2019: 1:30-5:00PM

West County Parent Resource Fair

THE SEBASTOPOL COMMUNITY CULTURAL CENTER
390 MORRIS ST. SEBASTOPOL, CA 95472

Free Event Includes:

- **Educational Panel Talks**
- **Information tables**
- **Free Snacks & Door Prizes**
- **Onsite Childcare & Activities**
- **FREE Healing Massages**
- **Nature Walks & Story Time in English and Español**

Education About:

- **Perinatal Mental Health**
- **The First 1,000 Days**
- **Preventing Trauma**
- **Healthy Relationships**
- **Typical Development & Delays**
- **Mind-Body Skills Workshop**

Organized by

THE GRAVENSTEIN HEALTH ACTION CHAPTER OF CRADLE TO CAREER

www.gravensteinhealthactionchapter.org