

MYN

Meet Your Neighbors



Meet Your Neighbors (MYN) is a unique program that brings neighbors together to plan for emergencies. More information on how to get involved below:

- 🏠 **MYN Introductory Class** - Classes are offered every month to provide an overview of the MYN program and on how to get started connecting with your neighbors.
- 🏠 **Leader Council meetings** - These meetings are offered every month on the second Thursday to provide neighborhood leaders with a forum for sharing challenges and successes. The attendees decide on the topics that meet their needs.

*Booklet design courtesy of Napa Valley COAD

- MYN Highlights -

- 🏠 Meeting your neighbor is the first step to preparing together
- 🏠 MYN is a guide to prepare for all emergencies
- 🏠 Your neighborhood decides what works for YOU
- 🏠 Information & resources to make your neighborhood more self-reliant
- 🏠 Monthly Leader Council meetings for ongoing support

This MYN booklet provides information on:

- 🏠 Preparedness planning, steps, and resources
- 🏠 Preparing together in your neighborhood - sharing skills and resources
- 🏠 Steps to follow immediately after an emergency
- 🏠 FAQs on getting MYN started in your neighborhood
- 🏠 Preparedness tips & resources to keep you and loved ones safe



sebastopolready.org/about-myn



Preparedness Planning
Preparedness Resources
Skills & Equipment
Steps & FAQs
Tips/
Map

- GET EMERGENCY ALERTS AND COMMUNICATIONS -

 Sebastopol Fire Department

 County of Sonoma

 Sonoma Sheriff

 City of Sebastopol, California

 CalFIRE

 @CountyofSonoma

Alerts -

SoCo Alerts:
bit.ly/SoCo-Alerts

Nixle:
Text your **ZIP CODE** to
888-777

Know Your Zone -

An online map with
evacuation info:
bit.ly/SoCo-Zone





Radio -

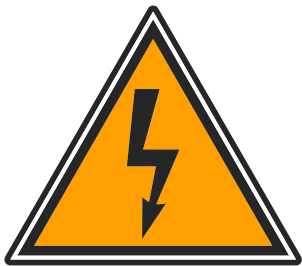
KSRO: **103.9 FM** *ENG
96.9 FM
1350 AM
KBBF: **89.1 AM** *ENG/ESP

NOAA -

SoCo: **162.475**
NW SoCo: **162.550**

Questions for preparedness planning:

-  Do you have an evacuation plan?
-  Do you know your SoCo Alert evacuation zone?
-  Are you signed up for SoCo Alerts & Nixle Alerts?
-  Do you have a Go Bag and/or Stay Box with critical supplies & copies of important documents?



- Power Shutoffs -

The power may shut off in an emergency, so it's important to have a plan in place in case you lose power. Stay informed with PG&E to better prepare.

Get a **phone call** or **SMS text** from **PG&E** for **Public Safety Power Shutoffs (PSPS)** for your address:

→ pge.com/addressalerts
or Call: **800-743-5002**

In the event of other power outages, visit:
pgealerts.alerts.pge.com/outagecenter/
or Call: **1-877-660-6789** for more info









GET READY!

Make a plan with your family! Below are the key components for all hazard planning. More details for planning are included under the "Preparedness Resources" tab. Talk with your neighbors about plans you and they may already have in place. Working together, neighbors can become more self-reliant and resilient. You can find more information on planning together in the "Skills & Equipment" and "Steps & FAQ" tabs.

sebastopolready.org/about-myn

- Make a Plan -

-  **GET ALERTS** so you can stay informed and know what to do
-  Have an **EVACUATION PLAN** so you know what to do and where to go
-  Make a **CONTACT LIST** with essential phone numbers and contacts
-  Pack a **GO BAG** with essential items, including critical documents. Have a **GRAB LIST** of items you can't pack ahead of time
-  Build a **STAY BOX** for when you can't leave your home
-  Reach out to **NEIGHBORS** and friends to plan together!



Preparedness Planning

Preparedness Resources

Skills & Equipment

Steps & FAQs

Tips/
Map





Evacuation and Shelter in Place for All Emergencies

Stay Informed with **SoCo Alerts!** - Visit: bit.ly/SoCo-Alerts

PREPARING FOR FIRE EVACUATIONS:



Pack a **GO BAG**



Check your evacuation zone



Red Flag Warning - practice your plan



Know what a Hi-Lo siren sounds like



Have your car ready with gas



Follow instructions given by first responders



Unplug appliances, turn off water & gas, and place **evacuation tags** in a visible location



Charge your electronics



Stay updated with SoCo Alerts, Nixle, and other official sources to know where your Evacuation Center is located

FLOOD EVACUATIONS & SHELTER IN PLACE:



Prepare a **Stay Box** and a **Go Bag**



Avoid fallen power lines - Call 911



Be aware of potential debris flow



Consider flood insurance if you live in flood prone area



Do NOT drive in flooded areas



No swimming or playing in flood water



Use sand bags to stop water from entering your home



If trapped in a flood- stay inside your car or get on the roof



Wear protective clothing when cleaning up debris

EARTHQUAKE SHELTER IN PLACE:



Practice safety drills **Stop, Cover, Hold on**



Prepare a **STAY BOX** with 3 days of supplies



Make noise if you are stuck under rubble



Secure hanging items in your home



Check your insurance to see what is covered



Evacuate if your building is unsafe. Never go inside an unsafe building! Beware of falling debris



Pull over if you're driving







Call 911 if there is a medical emergency



Prepare for aftershocks



Questions for preparedness planning:

-  Are you aware of the Sebastopol Neighborhood Communication Unit (SNCU) trainings? For more information, visit: bit.ly/SEB-SNCU
-  Do you have someone out of your area that family can contact?
-  Do you or anyone in your family have a special circumstance that may require additional preparations?
-  Where do I receive my evacuation tags?
→ *At the Police Dept. or Sheriff's office*



When creating an **emergency plan** and/or preparing a **Go Bag/Stay Box**, it is important to consider your special circumstances. There is no one-size-fits-all emergency plan, but having **hard and/or digital copies of your critical documents - including medical information** - is vitally important to everyone. Here are some examples of items you may include in your **Go Bag/Stay Box**. Check out sebastopolready.org and socoemergency.org for more information and resources:

sebastopolready.org

- Go Bag/Stay Box Items -



Phones and chargers



Important documents, ID's, and **medication list**



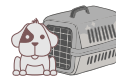
First-Aid Kit, medication, and masks



Flashlights, head lamps, lantern & a whistle



Cash - especially small bills



Pet supplies and carriers



Radios and laptops to stay informed



Spare change of clothes and shoes



Maps and your contact list



Water and food that won't spoil



Hygiene and sanitary supplies (including feminine products)



Personal and comfort items

**items from your Stay Box may also be used for your Go Bag*

- Special Circumstances -



Pregnant Women -
Avoid toxic air and unsafe food and water



Communication Disability -
Plan how you will communicate with others



Parents of infants -
Formula, extra water, diapers, and a carrier



Mobility Disability -
Evacuate early if you need extra time to get out



Older Adults -
Carry family/caregiver information in your wallet



Limited English -
Find trusted and official sources for bilingual information



Developmental Disability -
Identify trusted allies to rely on during disasters



Arrange **emergency transportation** in advance



Put a note in your go bag with **info about your condition(s)** so first responders or medical staff may assist you



People with Pets -
Food, water, medicine & proof of immunization

Preparedness Resources

Skills & Equipment

Steps & FAQs

Tips/Map



Neighborhood Contact List



House/Unit 1

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 2

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 3

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 4

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 5

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 6

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 7

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 8

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 9

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 10

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 11

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 12

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 13

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 14

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

House/Unit 15

Name(s):
Address:
Phone:
Email:
Pets:
Special Needs:

*Be sure to complete this Contact List to keep as a **hard copy** in case you cannot access information on your phone. Consider making a digital copy of your neighborhood CONTACT LIST.

*Contacts within your neighborhood should remain **CONFIDENTIAL**.



Neighborhood Skills Inventory - One way for neighbors to help each other during an emergency is by sharing their skills. Knowing who knows first aid or has crisis counseling skills could change the outcome of a disaster. Talk to your neighbors to see how you can help one another. List the names of people who know these skills, and add some of your own.

<u>First Aid Skills:</u>	<u>Coordinating/ Organizational Skills:</u>	<u>Language Skills:</u>
<u>Crisis Counseling Skills:</u>	<u>Electrician Skills:</u>	<u>Child Care Skills:</u>
<u>Elder Care Skills:</u>	<u>Fire Fighting Skills:</u>	<u>Carpenter Skills:</u>
<u>Search & Rescue Skills:</u>	<u>HAM Radio Operator:</u>	<u>Plumbing Skills:</u>



*Skills & Equipment
Steps & FAQs
Tips/
Map*

Neighborhood Equipment Inventory - Share resources/equipment and keep each other safe in an emergency. Write down the names of people in your neighborhood with critical equipment, and add some of your own! (i.e. hauling equipment, trailers for large animals, etc.).

<u>First-Aid Supplies:</u>	<u>Generator:</u>	<u>Fire Extinguisher:</u>
<u>Ladder:</u>	<u>Chain Saw:</u>	<u>Strong Rope:</u>
<u>Camp Stove/Grill:</u>	<u>NOAA Weather Radio:</u>	<u>Walkie-Talkies:</u>
<u>Crow Bar:</u>	<u>Flashlights:</u>	<u>Solar Charger:</u>

STEPS - Immediately Following Disaster

Make an emergency plan with your neighbors to ensure everyone stays safe during a disaster. These steps may be adjusted to fit your neighborhood's specific needs and the type of emergency. **Call 911 for medical emergencies or if you are in immediate danger.**

1

Take care of your family/household



- Evacuate if needed or if you feel unsafe
- Call 911 for medical emergencies

5



Go to the Neighborhood Gathering Site

2



Dress for safety -

Use protective clothing like boots and gloves to protect yourself from debris

6

Form teams (Use the buddy system)



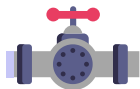
Team 1: Will check on the elderly, those with disabilities, or children and transfer to Care Center as needed.

Team 2: Will check all the homes with "HELP" displayed out front or with no card showing.

Team 3: Will stay updated with SoCo Alerts and Nixle Alerts for official information



3



Shut off the gas and/or water (if applicable)

This may prevent further damage or fires

7

Return to gathering site-

Share what you have done with your neighbors. **Call 911 if you need medical assistance**

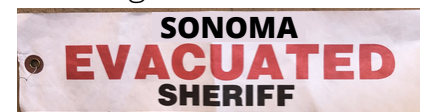


4

Place the **HELP** or **OK** sign somewhere visible from the street (see loose handout)

8

Decide about **Sonoma County Sheriff Dept EVACUATION** tag for rural area neighborhoods.



- Gathering Site -

- Care Center -



Steps & FAQs
Tips/
Map

MYN Frequently Asked Questions



Working together to combine our skills and resources makes us more resilient and effective in responding to emergencies. During an emergency we all are vulnerable. Knowing people around you can reduce the chaos immediately after a disaster. It might feel a little intimidating to try to connect with your neighbors about preparing together. Here are some questions to help get the conversations started. Be patient, building relationships and collaborating takes time.

Conversation Starters

1

How do I start the conversation?

First introduce yourself! Let people know why you have been thinking about emergency preparedness. We've had a lot of emergencies in SoCo these last few years and it's important to be prepared.



2

What is recognizable about your home?



A great way to start a conversation is by describing any physical identifiers on your home. (Ex: I'm the person with the blue door.)

3

What emergencies have you experienced?



What was it like for you and what concerns you most now? Most people in SoCo/Sebastopol have experienced at least one emergency and can identify existing concerns they may have relating to disasters.



4

Who can do what? Who knows what? Who has what?

Let your neighbors know what skills or emergency equipment you may have that can help during a disaster and ask how they might like to help too.

5

What can I do to help during a disaster?



Some neighbors may have pre-existing vulnerabilities like access and/or functional needs. Let them know you are there to help if they were to need it during an emergency.

Working with Your Neighbors

1

How do I attract interest amongst my neighbors?



There may be someone you know willing to be a co-leader to model "working together." Block parties or BBQs are a great way of getting to know your neighbors. Make it a potluck and think of ways to help people connect. Having a large map on butcher paper can get people talking.

2

What if my neighbor speaks another language?



Ask someone to translate (if possible) or use online translators when planning with someone that doesn't speak your language. Don't be afraid to use hand gestures! Create emergency communication cards in both languages with important questions and responses.

3

What if my neighbors don't want to join MYN?



Know that not all neighbors will be open to participating or attending meetings. Instead ask if they would like to stay informed about what the neighborhood is doing. Join the monthly MYN Class to learn more and then join the monthly Leader Council meeting to connect with other neighborhood leaders.

4

What if my neighbor doesn't want to share contact info?



Some are concerned about sharing personal information and suspicious about organizing efforts. Making connections and feeling comfortable with others can take time. Wait until people are ready to share contact information. Affirm that contact information will just stay within the neighborhood.

5

What should I consider as my neighborhood?



That is really up to each neighborhood. Typically 10-20 homes is about right - your block on one or both sides or your cul-de-sac. It will be different in an apartment complex, a mobile home park, or rural areas. Think about natural boundaries.





Preparedness Tips

Having a plan, practicing it, and making it more familiar are life saving measures. Here are some tips to consider when creating your emergency plan. Check out the MYN webpage for more information:

sebastopolready.org/about-myn



Do **NOT** use candles during a power outage! -

Candles may cause fires, especially if there's a gas leak. Instead use flashlights or a headlamp.



Be sure your text alert is loud enough to wake you up in case there is a SoCo Alert or NIXLE alert in the night



Mobile apps like Watch Duty serve as **UNOFFICIAL** yet **IMPORTANT** sources of information that provide notification about local fires



Have a backup communication plan in case you lose power or cell connectivity -

Have a backup communication plan in case you lose power or cell connectivity. Make sure everyone in your family knows the plan and where to reunite if you cannot connect by phone. Remember, texting is best during emergencies. **Test your backup plans.**



Receive SNCU radio trainings and learn radio protocols at: bit.ly/SEB-SNCU



Know your ZONE -

You can find your evacuation zone with the online map: socoemergency.org/get-ready/evacuation-map



Keep a fire extinguisher handy in case of a small fire



Know what you plan to do during an evacuation warning and evacuation order -

A **WARNING** means that there is potential threat to life and property. An **ORDER** means there is an immediate threat. If you have special circumstances that require you to leave during a Warning (before an Order), make sure you know what your insurance will cover.



Evacuate immediately if you hear a Hi-Lo siren -

A Hi-Lo siren is used to notify people to evacuate immediately. Learn what the Hi-Lo siren sounds like: bit.ly/Hi-LoSiren



Make a plan for your pets and livestock -

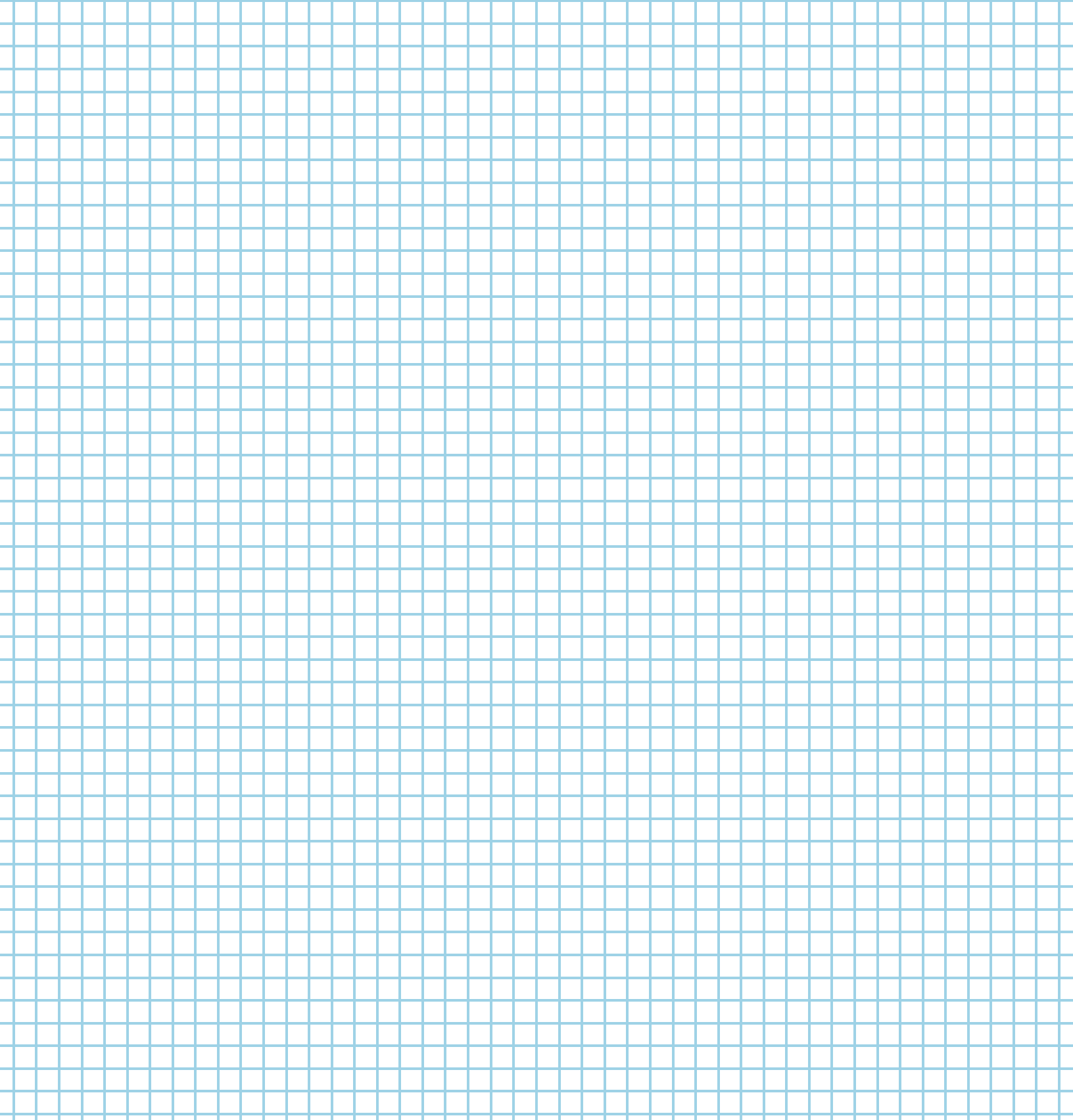
HALTER Project has preparedness resources and animal support during emergencies: halterproject.org // Email: rescue@HALTERfund.org // Call: 707-732-1555

HALTER Project
LEADING RESIDENTS TO
SAFETY & PREPAREDNESS



Tips/
Map

Map out your neighborhood - Draw the layout of your neighborhood, including: buildings & houses, landmarks such as fire hydrants, gas/water/electrical panel locations, and where critical supplies can be found. Number the houses in your neighborhood to correspond with your Contact List for easy reference. **Consider making a digital map of your neighborhood, but keep a hard copy in case you can't access the digital version in an emergency.**



Position this sign in a place that is easily visible from the street so your neighbors or emergency personnel know you are OK.

THIS SIGN IS NOT INTENDED AS AN EVACUATION TAG.

EACH NEIGHBORHOOD DECIDES HOW BEST TO USE.



We are OK and will come to the gathering site shortly.



Position this sign in a place that is easily visible from the street so your neighbors or emergency personnel know you need assistance.

HELP

